

# Reconnect Webinars

## Cris Rowan

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Vice is a monster of so frightful mien  
As to be hated needs but to be seen  
Yet seen too oft, familiar, with her face,  
We first endure, then pity, then embrace.

“The views expressed are those of the author and do not reflect the official policy of the Department of the Army, the Department of Defense, or the U.S. Government.”



# Reconnect Webinars

- ▶ Reconnect Webinars show how technology effects human development, behavior, and productivity, and how to go about changing the ways in which we use and interact with technology.
- ▶ Cris Rowan is an outspoken critic on the impact of technology on human development, behavior, and productivity, and is passionate about changing the ways in which humans use and interact with technology.
- ▶ Cris has developed a concept termed *Balanced Technology Management* (BTM) where humans strive to manage balance between healthy activity and technology. I recommend that anyone, especially teens explore this website for expert advice on how to break the ties of electronic media addiction.
- ▶ Please click the link below to access Cris' outstanding website:  
<https://reconnectwebinars.com/>

