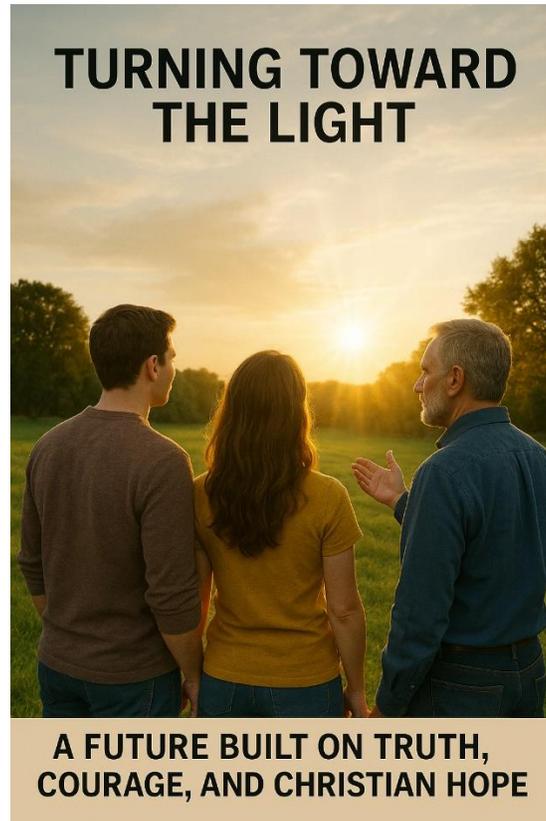


Turning Toward the Light

A Future Built on Truth, Courage, and Christian Hope



Jeffrey E. Hansen, Ph.D.

Why I Spoke Out

For years, I've spoken out against the overreach of pharmaceutical power, the ideological capture of our institutions, and the silent complicity of professionals who should know better. I've challenged the rush to medicalize childhood pain, the suppression of dissent, and the illusion that healing comes from a pill or a scalpel rather than relationship, regulation, and renewal.

Something Better is Already Rising

But I haven't spoken up just to deconstruct. I've done it because I believe something better is possible—and not just possible, but already underway.

Parents are waking up. Clinicians are finding their voices. Lawsuits are exposing the lies. And in



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the midst of the wreckage, something holy is rising: a return to integrity, to courage, to the sacredness of the human person. To the kind of healing that honors body, brain, and soul.

Voices of Courage

I see it in brilliant professionals and brave researchers—doctors, scientists, and clinicians—who are risking their reputations to stand for truth. People like Dr. Andre Van Mol, Dr. Michael Laidlaw, Dr. Laura Haynes, Dr. Quentin Van Meter, and Dr. Michelle Cretella, who have boldly questioned the premature medicalization of gender-distressed youth. And on the front lines of psychiatry and medication reform, visionaries like Dr. Joseph Witt-Doerring, Dr. Joanna Moncrieff, Dr. Mark Horowitz, and Robert Whitaker are sounding the alarm about the mass pharmacologizing of children and adolescents. These voices matter. They are prophets in a storm of silence.

The Model We Need

I'm not interested in nostalgia for the past, nor in utopian visions of some perfect future. What I'm interested in is honest work, rooted in Christian hope and scientific humility. I want to see a new generation of mental health professionals who are unafraid to say: I don't know—but I'll walk with you. Who trade ideology for inquiry. Who shed shame-based labels and meet people in their pain with compassion, curiosity, and presence.

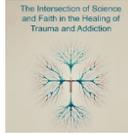
What Healing Could Look Like

We need spaces where First Amendment rights aren't considered threats, but treasures. Where research is conducted without fear of cancellation. Where kids aren't fast-tracked into identity crises, but given the grace to grow, question, and heal. Where trauma isn't bypassed, but named, held, and transformed.

Light in the Darkness

This isn't just idealism. It's already happening. I see it every day.

I see it in young therapists at Holdfast and AnchorPoint who bring their whole selves into the room—faith, scars, and all. I see it in men reclaiming their dignity, their purpose, and their integrity. I see it in parents willing to say, No, we're not doing this to our child. We're going to dig deeper.



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The Gospel Model

And most of all—I see it in the Gospel. In the man of sorrows who bore our wounds and still walks beside us today. Jesus didn’t cancel the broken. He didn’t prescribe away our pain. He entered it, held it, and made a way through it. That’s the model. That’s the call.

A Call to Build

So yes, the days are dark. But light always shines brightest in the dark.

Let us be people of that light. Let us speak truth without fear, love without condition, and work without compromise. Let us fight not only against what is broken—but for what is beautiful.

Because the future belongs to the brave. And to the faithful.

Let’s build it.

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